

THANK YOU TEAM

DROP-IN

Agata Mrozowski  
Alison Townsley  
Alyssa Asomani  
Charlene Norton  
David Price  
Debbie Chambers  
Dolores Doucette  
Hume Cronyn  
Jesse Baechler  
Jessica Bonney  
Joe Amero  
Julie Warren  
Katherine Ferreira  
Kolin Davidson  
Louis Dionne  
Orly Bitov  
Paul Denison  
Paul Johnson  
Sara Gray  
Sean Reany  
Shannon Quinn  
Tania Anderson  
Tenzin Norsang  
Tsering Llamo  
Zepheniah James

CASE MANAGEMENT

Julie Warren  
Julia Walter  
Melinda Montgomery  
Michael Lionel  
Paula Douglass  
Sean Reany

ADMIN/FINANCE

Gabriel Emordi  
Michael Rashotte

FOODREACH

Alvin Rebick  
Everton Graham  
Mark Pearlman  
Shawn Conway  
Stephanie Caruso

RECEPTION

Margaux Caron  
Randy Burton  
Richard Drysdale  
Siobhan Peters  
Tammy McAloney

MEAL PROGRAM

Alasdair Davidson  
Amanuel Teclemichael (EP)  
Carol Kristensen  
Damian Chan (EP)  
Dean Richard Pierre  
Eurico Dasilva  
Jill Robinson (EP + PARC)  
Lebohang Nicol  
Leean Clark  
Lisa Visconti (EP)  
Maureen Dolan  
Michael Dawson (EP)  
Paul Sullivan  
Simone Haughton  
Tessa White (Chef)  
Trevor Hardy  
Tsering Gyari  
William Leblanc

SILVERBRUSH

Alasdair Davison  
Amritha Bhagwan  
Carol Kristensen  
Clarence Boudreau  
Curtis Bishop

Donna Atkinson  
Donna Charron  
Emery Bergen  
John Fillmore  
Justin Lynden  
Mike Coufadis  
Para Kanthapillai  
Paul Sullivan  
Priscilla Bacquel  
Robert Cromwell  
Robbie Mitchell  
Sharon Snyder  
Stephen Arsenaault  
Trevor Sealy

HOUSING

David Caten  
Bernadette Timson  
Elise Van Deyl  
Julie Warren  
Omid Zareian  
Jeannie Thomas

HOUSING CLEANERS

Michael Knox  
Para Kanthapillai  
Seawn Batten  
Wayne Osmond

MANAGERS

Cathy Laws  
Kathy Allan  
Monica Melanson  
Morgan Lowe  
Raveen Gopaul  
Tracy Cocks  
Victor Willis

COMMUNITY ACCESS PROGRAM

Hilda Toulouse  
Leah Micallef (Coordinator)  
Maryamm Himid (Coordinator)  
Terence Williams  
Derek Walter  
Daniela Lechet

RESOURCE DEVELOPMENT

Altin Bashlari  
Emily Choi  
Ebtsam G-Yesus  
Vrushank Desai

PARKDALE PEOPLE'S ECONOMY

Anita Prasad  
Bob Rose  
Joshua Barndt  
Kuni Kamizaki  
Mandy Bergman  
Shawn Conway

BOARD OF DIRECTORS

MEMBERS' CAUCUS  
Ann Lapenna  
Cheryl Spencer  
James Partanen (Co-chair)  
John Hovhannisyan  
Laura Lesser  
Leslie Miller  
Paul Sullivan

COMMUNITY REPRESENTATIVES

Anne Maureen McKeating  
Cindy Farrell  
Daianna Williams  
Janet Murie  
Peter Hoag (Co-Chair)  
Sangyé Chöga Martin  
Vivek Sarma

PARC AMBASSADORS

Amy Ness  
Ann Lapenna  
Bonnie Briggs  
Glen Pappin  
Laura Lesser  
Leslie Miller  
Lynn Skye  
Rick Froude  
Derek Walter

VOLUNTEERS

Barbara Williams – Strategic Planning  
Charlotte Bondy – Social Media  
Lisa Antoszek – Yoga Group  
Claudia Reinoza – Graphic Design  
Liz Rykert – Program Evaluation  
Mary McMillan - Finance  
Maya Trendov – Reiki Practice  
Mike Snizek – Logistics Support  
Tara Kerr – Knitting Group

PARCBEAT

Amy Postma (Design)  
Katy Littlejohn (Design)  
Stephanie Butler (Design)

Sarah El-Riffaey (Editor)

SPECIAL EVENT

Daphne Hendsbee  
Jessica Snizek  
Karen Snizek  
Mandy Bergman  
Matthew Adams  
Nicole Fowler

COMPENSATION COMMITTEE

Cal Ceasar  
Deborah Cohen  
Lesley Burrell  
Lynn Hunter  
Stacey Ingleton  
Vanessa Mellot

DROP-IN & SPECIAL EVENTS & OUTINGS COMMITTEE

Carolyne Sawler  
Evelyn Seymour  
George Mitchell

Robbie Mitchell

MEMBERS PASSED - WHO LIVE IN OUR HEARTS

Anthony Kuliszewski  
Donald Duffy  
Hilary McWatch (staff)  
Laurie Cook  
Michael Gural  
Nav Sondhi  
Ralph Ehrlich

THANK YOU DONORS

ONE-TIME & MONTHLY DONORS

\$100,000+

City of Toronto  
Ontario Trillium Foundation  
Metcalf Foundation

\$25,000-\$100,000

Atkinson Foundation  
Boulevard Club  
Catherine Donnelly Foundation  
Toronto Enterprise Fund  
Echo Foundation

\$5,000-\$25,000

Baldock, Frank & Lavell  
CNE Foundation  
Mazon Canada  
Mealshare Aid Society  
The Cooperators  
The Jacqueline Rosevear Fund  
United Way Toronto & York Region  
Toronto Arts Council  
Toronto Region Conservation Authority

\$1,000-\$5,000

Another Story Bookshop  
Aqueduct Foundation  
Stephen Brown  
Bureau Kensington  
Chander Chaddah  
Larry Chapman  
Mark Doyle  
Roman Dubczak  
Brian Edwards  
Ron & Anne Foerster  
Patrick Ford & Kathy Allan  
Ken Girotti  
Trevor Harren  
Frederick Hennig  
Susan Heximer  
Peter Hoag & Jenn Wells  
J David Hulchanski  
Garth Jopling  
Knights Hospitallier Foundation  
Sheila Koffman  
Maytree Foundation  
Cathleen Milley  
Peter Chauvin & Sheelagh McPherson  
Mondelez International  
David Muir  
Sammy Newman  
Elliot Noss

Roman Olijnyk  
Anne Pashley  
Christine Pylat  
RBC Foundation  
Tony Reyes  
Vivek Sarma  
Karen Schucher  
Virginia Tecimer  
Daniel Tecimer  
The Church of St. Martin In The Field  
John Tkach  
Tucows.com  
Heather Vaughan  
Janet Walker  
Victor Willis

\$500-\$1,000

Babak Abadi  
Rachel Ariss  
Joseph Berkovitz  
Craig Binning  
David Blainey  
Heather Chiavegato  
Church of St. Timothy  
Peter & Ellen Connelly  
John Crowther  
Design Hope Toronto  
Raveen Gopaul  
Debbie Green

Marjorie Hazelton  
Kim Bosley Real Estate  
Cathy Laws  
Eric Lee  
Tracy Loconte  
Manel Construction  
Sarah Miller  
Judith Parker  
Pronto Reproductions Ltd.  
Fred Robinson  
Round The Horn  
Davinder Singh  
Fred Stanley  
Christian Sterner  
Sandy Tecimer  
The Grand Trunk  
The Yukon Bar  
Raymond Van Eenoooghe  
Catherine Zahn

\$200-\$500

Robert Allsopp  
Tita Angangco  
Pat Baranek  
Vasiliki Bednar  
Paul Bennett  
Robert Biggs  
Jennifer Blunt  
Robin & Michael Buyers  
Jemima & Nicci Cohnstaedt

Larry Coker  
Michael Cooperman  
Hume Cronyn  
Madeleine Cruickshank  
Viplav & Sonalben Desai  
Paula Douglass  
Gillian Einstein  
Guy Ewing  
Joe Fiorito  
Alison Folosea  
Nicole Fowler  
Stephanie Gannon  
Jim Gillis  
Martha Goodings  
John Gultig  
Ann Hersch  
Vince Hillier  
Julie Inglis  
Emily Jelic  
Bernard & Emily King  
Visser  
Phil Kirchgessner  
Joel Koffman  
Leasa Lennox  
Bernadette Lonergan  
Hilary & Norman MacKenzie  
Thomas Malleson  
Lynn McQueen  
Melinda Montgomery

Iris Murray  
Deirdre O' Sullivan  
Nir Orbach  
Brian & Carolyn Owen  
Alexia Papadopoulos  
Parkdale Accounting  
Parts & Labour  
Richard Peachey  
Dana Randall  
Alvin Rebick  
Ken Schafer  
Donald Schmidt  
Timothy Schnare  
Roe Sivanandan  
Kara Stewart-Agostino  
Jody Stocks  
M.R. Tafel  
Tina Tao  
Ferit Tecimer  
David Thompson  
David Walsh  
Kathleen West  
Randy Williamson  
David Wilson  
Gerald Wood  
David Woroch  
Dionysia Zerbisias



MESSAGE FROM OUR EXECUTIVE DIRECTOR & BOARD OF DIRECTORS CO-CHAIRS

Last year we wrote about the seven Parkdale equity indicators and aligned them to PARC’s activities. This year we are overlaying our five strategic pillars:

- 1 Placing safety and inclusion at the centre of all our programs and services
- 2 Clarifying and streamlining communications
- 3 Enriching health & wellness programming
- 4 Investing in organizational strengthening
- 5 Reaching a new level of community collaboration.

Under pillar 4 PARC became a United Way of Greater Toronto & York Region Anchor Agency. This designation will help us invest in

our organization and provide on-going support for our beloved Knowledge Is Power training and education program and our widely known PARC Ambassador program. PARC also received capital grants to support access and space use improvements on the second floor to benefit both PARC and our commercial tenant partners in the coming year.

Under pillar 3 we received three year’s Ontario Trillium Foundation funding to support FoodReach –a platform to make fresh food cheaper and easier to order for our partners in Toronto’s social service sector. The Atkinson Foundation asked us to continue our Parkdale Community Economic Development work with a focus on decent work and anchor institutions like our neighbouring hospitals.

PARC Members and the wider community have come to expect nothing less than the above record of accomplishment from an organization that has such a remarkable staff team and a dedicated Board with half of the Directors themselves PARC Members.

This past year a lot of thought has gone into Pillar 1, by Members, staff, and the Board and we particularly thank the Research Development and Support Group for its invaluable insight and recommendations. In Parkdale, the past year saw continued crushing pressure on affordable housing. Moving forward, we will work hard to buttress and strengthen Pillar 5.

1 PLACE SAFETY & INCLUSION AT THE CENTRE OF ALL OUR PROGRAMS & SERVICES

2016 has inspired reflection on many questions and challenges related to participant transition and program development. We made improvements to staff recruitment processes to reflect the diversity of our Parkdale community and encourage people with life-experience of poverty or contact with the psychiatric system and internationally trained professionals and members of ethno-racial, aboriginal, immigrant, refugee, LGBTQ2S+ and disabled community groups to apply, including staff capacity to serve members in their first languages in Tibetan, Hindi, Urdu, Nepali, Punjabi, Bhutanese, French, Farsi and Korean.

We began a safety and inclusion education project with staff training on queer and trans issues; we started a weekly group aimed at offering a safe space for women; a new group for women musicians; and a new music appreciation group for members who love

music but don’t necessarily play instruments; and we created lots of reasons to celebrate, including International Women’s Day celebration, Black History Month, Tibetan senior group dancers, and summer Camp Slide Show. PARC Ambassadors were involved in workshops aligned with issues of food literacy,

food security, and poverty vs community wealth generation. Money Matters now offers a women’s only money pick-up day and a women focused financial planning for financial issues that affect women specifically while acknowledging historical disadvantages faced by women relating to finances.



2 CLARIFY & STREAMLINE OUR COMMUNICATIONS

Summer of 2016 we held conversations and focus groups with over 70 community members using the questions, “What does the community need? What do you need? What should PARC be doing now and in the future?” Conversations were held with diverse populations to ensure inclusion. We also held a member forum facilitated by peer workers and provided the emerging feedback themes to members to check we heard correctly. This process was a follow-up to the Member Census and supported Strategic Planning and staff workplans.

A new member inspired mural brightens up our Music Rehearsal room, which also has a new scheduling process which has increased availability along with new music recording software training that now supports members to record music on their own laptops.

We teamed up with reBOOT Canada to provide free Wi-Fi access at PARC and survived the most significant IT event to happen to the organization thanks to our back-up system and extraordinary IT support.

3 ENRICH HEALTH AND WELLNESS PROGRAMMING

“In a group setting, we discussed useful self-help tools such as: peer counseling, focusing exercises, relaxation & stress reduction techniques. Resources were also provided to help us stay focused on feeling better in difficult times. I found these resources incredibly helpful for applying theory into practice. Now I can use these tools in my work with members when talking about mental health recovery.”

–Julie, staff

We are working to increase wellness opportunities for members and cultivate a healthy workplace for staff. We were successful in our Toronto Urban Health Fund grant to offer harm reduction programming. We partnered with Centre for Mindfulness Studies to offer Cognitive Behavioural Mindfulness training for members, which was led by PARC staff.

We increased Health & Safety Training for staff and began the process of developing a Coaching Program. Two newly accredited PARC staff are now trainers for Wellness Recovery Action Planning program for members in recovery. PARC staff presented “The Edmond Place model” at the National Conference on Peer Support in Toronto April 2016 and attended the International Restorative Conference.



4 INVEST IN ORGANIZATIONAL STRENGTHENING

“Honestly, I don’t know what we would do without the Peer Community Outreach Program. I sing their highest praise. Trustworthy, reliable and personable, the peer outreach team gets our vulnerable clients to their appointments on time and brings them back safely. The Sherbourne Infirmary Program highly recommends the Peer Community Outreach Program for their professionalism and high standards. Many thanks to all who make this vital program possible” Gillian Mais, Case Manager, Sherbourne Health Centre

PARC has grown significantly – more than doubling the number and amount of grant revenue in the past three years and is now working to integrate more online tracking tools to ensure easy access to information and

accountability. Also this year we conducted a finance business process review and are streamlining systems to increase the level of financial leadership across the organization.

Frontline staff were supported to take the lead on grant writing for the first time for several new member programs. Our partner THTC was successful in its City grant again this year to bring Life on Track, a pre-employment training program, to PARC. The Co-op Cred Program has secured three new partner sites for our members to participate at and the Cred Program is now situated within the Drop-in Employment Program which will increase access for PARC members. In the Fall, Transformative Justice Peerwork employment opportunities will open up for new applicants.



5 REACH A NEW LEVEL OF COMMUNITY COLLABORATION

“We’re always looking for synergies with different organizations ... and when the possibility of moving in to PARC was brought to our attention, we had to check it out. The culmination of the two organizations in one space will give PCFB members access to the social services programs PARC has to offer..” –Ben Trister, chairperson, Parkdale Community Food Bank

A huge shout out to thank all the volunteers of St. Timothy’s Church who ran the foodbank one day a week out of PARC’s basement for the past decade!

RBC helped out at EP by landscaping our front garden and setting up our BBQ to launch summer. Sistering and PARC now share a Hostels to Home worker for Parkdale.

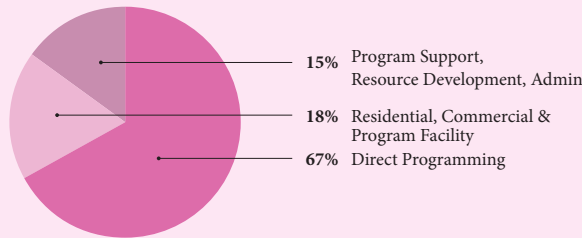
PARC staff presented “The Edmond Place model” at the National Conference on Peer Support in Toronto April 2016.

New partnerships this year include: Free Geek; Y.E.S (Youth Employment Services); PIA (Parkdale Intercultural Association); Wild Ones Wilderness; Lil Demon; Centennial College, and Reboot.



FINANCIAL REPORT

EXPENSES:



REVENUES:

